

Duluth Building Trades Health and Welfare Fund

Administered by Wilson-McShane Corporation

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Dear Participant:

The Board of Trustees is pleased to announce the participation of your Local Union in the 2024 Health Fair. The Duluth Building Trades Health & Welfare Fund and Health Gauge have agreed to partner in a venture that will provide each Local Union member, who is eligible for benefits, and their spouses, greater accessibility and convenience obtaining one annual healthcare screening AT NO CHARGE! (Retired Medicare eligible members and spouses are not eligible) **\$200 prepaid Visa cards will be given to all members who complete the health screening.** One of the many members whose lives we saved shared this:

"I went to the health fair because it was a free screening and we needed more people to make the event go. I felt great and didn't expect any bad results, but upon arriving the technician informed me my blood pressure was urgently high. My follow up appointment at the doctor led to finding of 3 major blockages. 2 at 75% and 1 at 85% blocked. I received 3 stents and am back to normal. If I had not participated in this service, I may not be here to tell you about it. Please take 30 minutes out of your day and participate in this annual event, it may very well save your life as well." **Frank Smith, President, Laborers' Local #579**

Eligible Participants and their spouses can receive a comprehensive blood analysis, body mass index test, diabetes test, Carotid Artery Ultrasound, Abdominal Aortic Aneurysm Screening, Peripheral Arterial Disease Screening, nutrition information and access to numerous other resources. Men over the age of 40 will receive a PSA blood test, all members will receive a high sensitivity C-reactive protein test, thyroid testing, general oncology marker testing, and the A1C test. **These tests and procedures are available for you and your spouse at NO COST TO YOU! The tests you choose to have performed are not meant to replace your Physician, but are meant to improve communication with your Physician at your next appointment.**

2024 HEALTHFAIR LOCATIONS: APPOINTMENTS ARE REQUIRED. SCHEDULE YOURS TODAY!!!

Date	Time	Location	Address
Fri 3/1	8:00am-5:00pm	Hibbing City Memorial Building	400 E 23 rd St, Hibbing, MN 55746
Sat 3/2	8:00am-5:00pm	Duluth Labor Temple Building Hall A & B	2002 London Rd, Duluth, MN 55812
Sun 3/3	8:00am-5:00pm	Duluth Labor Temple Building Hall A & B	2002 London Rd, Duluth, MN 55812

To schedule your screening call (515) 244-3080 or online at

<https://duluthbuildingtrades.hgscreenings.com/>

Eligible Local Union members & spouses may visit the mentioned facilities on the appropriate dates to take advantage of this no-cost health benefit. BOTH locations offer free parking.

The Board of Trustees sincerely hopes the program will provide convenient access that will allow you to take advantage of this benefit. This program is completely confidential and is administered by Health Gauge, an independent service provider. Please refer to the attached informational flyer to obtain more details or simply contact Health Gauge at (515) 244-3080 for additional information.

Sincerely,
Board of Trustees
Duluth Building Trades Health Fund